

SPORTS/HEALTHY LIVING CURRICULUM PLAN FOR STONEGATE PRIMARY SCHOOL

2022/23

<i>DL = Dave Luckhurst</i> <i>CT = Class Teacher</i>				DAILY MILE	DAILY MILE	DAILY MILE
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<p>EYFS</p> <p>Lessons 1 x DL per week 1 x CT per week</p>	<p>DL Core Skills</p> <p>Move freely using suitable spaces and speed</p> <p>Core Skills Catching throwing running – understanding different commands</p>	<p>DL gymnastics</p> <p>Move freely in a variety of different ways BAGA Level 8 basic gymnastics</p>	<p>DL Invasion Games</p> <p>Learning skills of defending, attacking, passing having an understanding to be able to play an invasion game</p>	<p>DL Team Games</p> <p>Focusing on throwing and catching games 1 v 1 2 v 2 small sided games, understanding rules etc</p> <p>Working as teams</p>	<p>DL – Athletics</p> <p>Introduction to basic skills and techniques of Sprinting, Jumping, and throwing.</p>	<p>DL Athletics</p> <p>Continuation of skills and techniques and preparation towards Sports Day</p>
	<p>CT</p> <p>Core skills of movement, and basic gymnastic and infant agility</p> <p>Forest School CT</p>	<p>CT</p> <p>Continuation of BAGA Level 8</p> <p>Forest School CT</p>	<p>CT</p> <p>Dance - basic dance movement to music</p> <p>Forest School CT</p>	<p>CT</p> <p>Dance - basic dance movement to music</p> <p>Forest School CT</p>	<p>CT -</p> <p>Cricket Sussex Cricket</p> <p>Forest School CT</p>	<p>CT</p> <p>Continuation of skills and techniques and preparation for Sports Day.</p> <p>Forest School CT</p>

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	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
YEAR 1 & 2 PE Lessons 1 x DL per week 1x CT per week	DL –Invasion Games Learning skills of defending, attacking, passing having an understanding to be able to play an invasion game	DL – Gymnastics BAGA Level 7 To work thorough, this level of skills and to achieve a pass certificate and badge.	DL – Basic Quick Stick Hockey Learn skills and techniques and develop these towards playing small sided matches	DL Team Games Netball Skills to achieve the understanding of basic skills and techniques	DL – Athletics Introduction to basic skills and techniques of Sprinting, Jumping, and throwing.	DL – Athletics Continuation of skills and techniques and preparation towards Sports Day
	CT Invasion games as per School Curriculum Forest School CT	CT Continuation of BAGA Level 7 going on to Level 6 Forest School CT	CT Dance External Teacher Forest School CT	CT Basic Net and Wall games as per Power of PE Forest School CT	CT Cricket Sussex Cricket Forest School CT	CT Athletics basic skills Forest School CT

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	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
YEAR 3 & 4 PE Lessons 1 x DL per week 1 x CT per week	DL Football Skills and Small sided matches with preparation towards tournaments DL Cross Country Preparation towards competitions	DL – Gymnastics BAGA Level 7 going on to Level 6	DL – Quick Stick Skills and preparation towards tournaments	DL – High Five Netball Skills and preparation towards tournaments	DL – Striking Games Kwik Cricket / Rounders Bowling and Striking skills and techniques	DL – Athletics Athletics – prep for Sports Day DL – Striking Games – STOOLBALL Skills
	Forest School CT	Swimming Cranbrook Instructors	Dance External Teacher	Forest School CT Rugby JE / External	Cricket Sussex Cricket	Forest School CT

				DAILY MILE	DAILY MILE	DAILY MILE
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
YEAR 5 & 6 PE Lessons 1 x DL per week 1x CT per week	DL - Football & Cross Country Football Skills and Small sided matches Cross Country Preparation towards competitions -	DL – Gymnastics BAGA Level 7 going on to Level 6 and / or Level 5	DL – Quick Sticks Hockey Skills and preparation towards tournaments	DL – High Five Netball Skills and preparation towards tournaments	DL – Striking Games – STOOLBALL Skills and preparation towards tournament DL – Athletics Sprinting Jumping Throwing	DL – Athletics Athletics – preparation for Sports Day DL – Striking Games Kwik Cricket / Rounders Bowling and Striking skills and techniques
	Forest School CT Playleader training (Year 5) Mr Papper Uplands	Swimming Cranbrook Instructors	Dance External Teacher	Rugby JE / External	Cricket Sussex Cricket	Forest School CT

Inter-house & Cluster Competitions

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
In School House Comp	Football KS2		Netball years 5&6	Hockey years 1-6	Cricket KS2	Sports Day
Uplands Cluster	Cross Country Years 3,4,5 6 Boys Football Years 5&6	Girls Football Years 5&6 Boys Football Year 4 Girls Football Year 4	Sports Hall Athletics Mixed years 3&4 Girls Football Years 5&6	Hockey Year5&6 mixed High 5 Netball Year 5&6 mixed Tag Rugby Year 5&6 mixed	Cricket Mixed years 3&4 Stoolball Mixed years 5&6	B Team Event TBC
Other events	Uplands Play Leader Training Forest School	Forest School	Forest School	Forest School	Forest School	Residential trip Forest School
After School Clubs	KSI & KS2 mixed multisport	KSI & KS2 mixed multisport	KSI & KS2 mixed multisport	KSI & KS2 mixed multisport	KSI & KS2 mixed multisport	KSI & KS2 mixed multisport
Additional Fixtures				Battle Abbey	St Barnabas	