

WEEK 3

W/C: 01/05, 22/05, 12/06, 03/07, 24/07, 14/08, 04/09, 25/09, 16/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza 🍕 Cheesy tomato topped pizza slice served with potato wedges	Chinese Chicken Noodles Delicious stir-fried Chinese chicken noodles	Roast Pork Succulent roast pork served with fluffy roasties and tasty gravy	Cottage Pie 🍷 A classic cottage pie with veg and gravy	Breaded Fish Fingers and Chips Crispy fish fingers and scrummy chips
JACKET POTATO	Vegetarian Bolognese 🍷 🌱 A vegetarian mince and vegetable bolognese in a yummy tomato sauce served with wholemeal pasta	Mexican Vegetarian Tortilla Pie 🍷 🌱 🍷 A layered Mexican style vegetarian tortilla pie served with wholegrain rice	Vegetable Pastry Roll 🍷 Tasty vegetables wrapped in puff pastry served with fluffy roasties and tasty gravy	Macaroni Cheese 🍷 Cheesy macaroni pasta	Tomato Vegetable Burger 🍷 Tomato veggie burger in a soft bap and scrummy chips
JACKET POTATO	Jacket Potato 🍷 🌱 with a choice of fillings	Jacket Potato 🍷 🌱 with a choice of fillings	Jacket Potato 🍷 🌱 with a choice of fillings	Jacket Potato 🍷 🌱 with a choice of fillings	Jacket Potato 🍷 🌱 with a choice of fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🍷 🌱 🍷					
All main meals are served with two vegetables					
DESSERT	Mango Frozen Yoghurt	Berry Flapjack with Fruit 🍷	Chocolate Brownie with Fruit 🍷	Crispy Crackle Bar	Orange Shortbread

PACKED LUNCH AVAILABLE
 Ham or Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

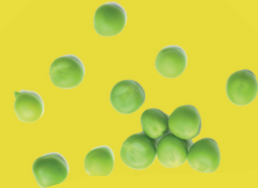
THREE WEEK MENU

SPRING/SUMMER 2023

£2.60

OUR NEW MENU CHOSEN BY PARENTS AND CHILDREN

YOUR FAVOURITES AVAILABLE EVERY DAY



WEEK 1

W/C: 17/04, 08/05, 29/05, 19/06, 10/07, 31/07, 21/08, 11/09, 02/10

WEEK 2

W/C: 24/04, 15/05, 05/06, 26/06, 17/07, 07/08, 28/08, 18/09, 09/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza 🌱 Cheesy tomato topped pizza slice served with potato wedges	Pork Sausages Pork sausages served with mashed potato and tasty gravy	Roast Turkey 🍷 Succulent roast turkey served with fluffy roasties and tasty gravy	Beef Bolognese 🍷 Served with wholemeal pasta and garlic and herb bread	Breaded Fish Fingers and Chips Crispy fish fingers and scrummy chips
	Sweet Potato Curry 🌱 🍷 A mild and tasty vegetarian curry served with wholegrain rice	Macaroni Cheese 🌱 Cheesy macaroni pasta	Roasted Vegetable Butterbean Crumble 🌱 🍷 Roasted vegetables and butterbeans with a cheesy crumble topping	Chinese Vegetable Rice 🌱 Rice with vegan mince, soya bean and vegetables flavoured with soy and Chinese five spice	Quorn Dippers and Chips 🌱 Crispy Quorn nuggets and scrummy chips
JACKET POTATO	Jacket Potato 🍷 🌱 with a choice of fillings	Jacket Potato 🍷 🌱 with a choice of fillings, including Salmon Mayonnaise 🐟	Jacket Potato 🍷 🌱 with a choice of fillings	Jacket Potato 🍷 🌱 with a choice of fillings	Jacket Potato 🍷 🌱 with a choice of fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🍷 🍷					
All main meals are served with two vegetables					
DESSERT	Vanilla Ice Cream	Orange Drizzle Cake	Strawberry Jelly with Fruit 🍓	Fruity Picnic Bar 🍓	Chocolate Ice Cream

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza 🌱 Cheesy tomato topped pizza slice served with potato wedges	Chinese Chicken and Vegetable Rice 🍷 🍷 Chinese spiced chicken and vegetables with rice	Roast Gammon Succulent roast gammon served with fluffy roasties and tasty gravy	Beef Lasagne 🍷 A classic Italian layered pasta dish with beef mince served with garlic and herb bread	Breaded Fish Fingers and Chips Crispy fish fingers and scrummy chips
	Vegetable Pesto Pasta Bake 🌱 🍷 Pasta with vegetables in a cheesy sauce with nut-free pesto	Cheesy Cauliflower Pasta Bake 🌱 🍷 A yummy pasta bake	Sweet Potato and Chickpea Roast 🌱 A chunky sweet potato and chickpea roast served with fluffy roasties and tasty gravy	Vegetable Korma 🌱 🍷 A mild and tasty vegetable curry served with Bombay potatoes	Quorn Dippers and Chips 🌱 Crispy Quorn nuggets and scrummy chips
JACKET POTATO	Jacket Potato 🍷 🌱 with a choice of fillings	Jacket Potato 🍷 🌱 with a choice of fillings	Jacket Potato 🍷 🌱 with a choice of fillings	Jacket Potato 🍷 🌱 with a choice of fillings	Jacket Potato 🍷 🌱 with a choice of fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🍷 🍷					
All main meals are served with two vegetables					
DESSERT	Oat Chocolate Cookie with Fruit 🍓	Orange Jelly	Chocolate and Banana Marble Cake	Banana and Apricot Flapjack with Fruit 🍓 🍷	Strawberry Ice Cream

PACKED LUNCH AVAILABLE
 Ham or Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
 Milk, water, salad, freshly baked bread & fresh fruit
 Yoghurt available Tuesday & Thursday

🌱 Vegetarian 🐟 Oily Fish 🍷 Wholegrain 🍓 Fruity! 🍷 Nutritionist's Choice

